

# ALCOHOL AND DRUG POLICY

# **Our commitment**

Our club supports the responsible consumption of alcohol and takes seriously any inappropriate behaviour that results from excessive drinking and possession or influence of illicit drugs.

Alcohol-free social events will be provided for young people and families.

We will not endorse or support events, celebrations or end of season trips that involve excessive consumption of alcohol.

## What we will do

#### Serving Alcohol

Alcohol will be served in compliance with the requirements of our club's liquor licence and in accordance with the safety and wellbeing of patrons.

- Only trained servers will be permitted to serve alcohol. They are not permitted to drink while serving alcohol.
- The liquor licence will be displayed at the bar.
- Excessive or rapid consumption of alcohol will be discouraged.
- A person aged under 18 will not be permitted to be behind the bar under any circumstances.
- A committee member will be present at events where alcohol is served.

#### Intoxicated patrons

- Alcohol will not be served to any person who is intoxicated. Signs of intoxication include slurred speech, impaired balance, poor coordination, reduced inhibition, aggressive, belligerent and disrespectful behaviour.
- Servers will follow procedures, provided in their training by the Liquor Licensing Commission, for dealing with and refusing alcohol to intoxicated patrons.
- Intoxicated patrons will be asked to leave. Safe travel options will be suggested.

#### Underage drinking

- People aged under 18 will not knowingly be served alcohol.
- Staff will request proof of age, where appropriate, and only photo ID will be accepted. Rage Fight Academy - alcohol and drug policy

## Safe transport

- We will prominently display taxi phone numbers in the venue.
- Club members and bar staff will encourage intoxicated patrons to take safe transport home.
- Our club will implement a designated driver program.

### Food and other drinks

- A range of snacks and meals will be available when alcohol is served.
- The club will provide a selection of low-alcohol and alcohol-free drinks, such as fruit juice and soft drink, at the bar and at social functions. Free jugs of water will also be available.
- Tea and coffee will be provided at the bar during social functions.

#### Promoting the responsible use of alcohol

- Posters about responsible drinking and standard drinks measures will be prominently displayed.
- We will not advertise, promote or serve alcohol at junior events or activities.
- We will educate members and supporters about our alcohol policy through our website, newsletter and other club communication.

# What we ask you to do

All members and sporting personnel are required to comply with the following.

- Drink and behave responsibly at all club functions, events and away trips.
- Do not supply alcohol to team members if they are aged under 18.
- Do not drink alcohol at the club, club functions, matches or while away on trips if you are aged under 18.
- Do not bring alcohol or drink alcohol while at games (e.g. as a spectator, in your role as a coach, as an official or as a volunteer).
- Do not encourage others to drink alcohol excessively.
- Do not encourage or take part in team bonding activities that involve alcohol.
- Do not spike another person's drink.

# **Non-Compliance**

The club will take action for breaches of behaviour and responsibilities outlined in this policy.

 If members or sporting personnel become drunk at the club or other social events they will be asked to leave. Ongoing instances of intoxification will be in breach of our Code of Behaviour and can result in disciplinary action (e.g. suspension or termination of membership).

- Spiking of drinks is a criminal offence that can be reported to police by victims. It can lead
  to serious police charges being laid against the offender/s. Separate action can be taken as
  a breach of our state sporting organisation's and our club's Member Protection Policy to
  provide for the protection, safety and welfare of members.
- Serving alcohol to a minor is a criminal offence that can be reported to the police and the relevant liquor licensing authority by victims and their parents. It can lead to heavy fines. Separate action can be taken as a breach of our state sporting organisation's and our club's Member Protection Policy to provide for the protection, safety and welfare of children.
- Any person aged under 18 found to have consumed alcohol while at a club function or on a trip in the care of the club (e.g. while attending a country carnival) may be suspended for the remainder of the competition/tournament. The young person's parents shall be advised and will be responsible for getting their son/daughter home at their own expense.
- Any member or sporting personnel found to have behaved inappropriately because of overconsumption of alcohol (e.g. sexual harassment, verbal abuse, physical assault, neglect of a child) will face disciplinary action as outlined in our Member Protection Policy or Code of Behaviour.

# Rage Fight Academy Drug Policy

- 1. Introduction:
- 2. At Rage Fight Academy we prioritize the health, safety, and overall well-being of our members. To maintain a positive and drug-free environment, we have implemented the following anti-drug policy. This policy applies to all members, guests, and staff within our facility.
- 3. Prohibited Substances:
- 4. The use, possession, sale, or distribution of illegal drugs, performance-enhancing substances, and any other controlled or banned substances are strictly prohibited within our premises. This includes, but is not limited to, steroids, narcotics, stimulants, hallucinogens, and prescription drugs not prescribed to the individual.
- 5. Drug Testing:
- 6. To ensure compliance with our anti-drug policy, Rage Fight Academy reserves the right to conduct random drug testing on any member or staff at any time. Refusal to submit to a drug test will be treated as a violation of the policy.
- 7. Reporting:
- 8. We encourage all members and staff to report any suspected drug use or possession to gym management. Reports can be made anonymously, and all information will be treated with the utmost confidentiality.
- 9. Consequences of Violation:
- 10. Any member or staff found to be in violation of the anti-drug policy will be subject to the following consequences:

a. Temporary Suspension: The individual may be temporarily suspended from accessing the gym facilities, classes, and services for a specified period, pending further investigation.

b. Termination of Membership/Employment: If the investigation confirms a violation of the anti-drug policy, the individual's membership or employment will be terminated immediately.

c. Legal Action: Depending on the severity of the violation, Rage Fight Academy reserves the right to pursue legal action, including reporting the incident to the appropriate authorities.

- 6. Education and Support:
- 7. At Rage Fight Academy, we are committed to promoting a healthy lifestyle and providing support to our members. We offer educational resources on the dangers of drug use, information on legal supplements, and access to professional assistance for those struggling with substance abuse.
- 8. Confidentiality:
- 9. Any information related to drug use or violations of the anti-drug policy will be handled with the strictest confidentiality, following all applicable privacy laws and regulations.
- 10. Amendment and Review:
- 11. Rage Fight Academy reserves the right to amend and review the anti-drug policy as necessary to ensure its effectiveness and compliance with changing laws and regulations.

By adhering to this anti-drug policy, we create a safe and inclusive environment where members can focus on their fitness goals and overall well-being. Thank you for your cooperation in maintaining a drug-free gym culture at Rage Fight Academy.

I, > have read and understood the policy and will abide by it as a member of Rage Fight Academy.

Signature:

Date:

If under 18 years of age, parent/guardian:

Signature:

Date: